



## Gluten free menu choices

Sauerkraut

Vegetable of the Day

Pan-Fried potatoes

Grilled Tomato with Cheese

Fries

Brown Rice

Red Cabbage

Stewed Mushrooms

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All of our brown sauces contain small amounts of "modified food starches".  
We cannot provide separate cooking or preparation surfaces;

Please advise your wait staff about your gluten free status so that they  
may pass along the information to our kitchen staff.

### \*Rahm Schnitzel

Your choice of tender veal, pork or chicken grilled and topped off  
with Helga's special cream and mushroom sauce. Served with two side dishes of your choice.

### \*Jäger Schnitzel

Your choice of Tender veal, pork or chicken grilled then braised in a Hunter's sauce and  
topped with golden onions and mushrooms. Served with two side dishes of your choice.

### \*Kouladen "Pfalzischer Art"

Choice beef thinly sliced and rolled around onions, bacon, a pickle and select spices. Served  
with brown sauce and a special garnish. Served with two side dishes of your choice.

### Berta's Pork Roast (Dinner service)

Tender boneless pork loin spiked with fresh garlic cloves and hand rubbed with ground  
caraway then braised in our own brown sauce. Served with two side dishes of your choice plus  
soup or salad

### \*The Bratwurst Platter

Your choice of two smoked, veal or Thüringer brats charbroiled over live coals.  
Served with two side dishes of your choice.

### Beef Sauerbraten (Dinner service)

Marinated beef roast served in a sweet and sour brown sauce. Served with two side dishes  
of your choice plus soup or salad.

**Recommended Sides:** mushrooms and pan fried potatoes.



### Vegetarian Plate

Choose any four side dishes from the first entrée page combinations to create your own healthy meal. Plus a soup or salad.

### Beef Steak Jäger Art (Dinner service)

Choice flat iron beef steak charbroiled and served in a Hunter's sauce topped with mushrooms and golden onions. Served with two side dishes of your choice plus soup or salad.

**Recommended Sides:** mushrooms and pan fried potatoes.

### Rump Steak "Ebertsheim" (Dinner service)

Choice flat iron beef steak charbroiled, topped with herb butter, and golden onions. Served with two side dishes of your choice plus soup or salad.

**Recommended Sides:** mushrooms and fries.

### Rosemary Chicken.

Tender chicken breast lightly brushed with our Rosemary infused olive oil and finished over live coals. Includes your choice of two side dishes.

**Recommended Sides:** grilled tomato and rice.

### Kassler Ripchen (seasonal)

Two smoked pork chops heated and served with a side of Helga's own spicy mustard. Served with two side dishes of your choice plus soup or salad.

**Recommended Sides:** potato salad and Sauerkraut.

### Duck Ludwig (seasonal)

A half crisped young duck served with hunter's sauce and lemon garnish. Served with two side dishes of your choice plus soup or salad.

### Smoked Ham Shank (seasonal)

Large smoked hock prepared to our mothers specifications. Served with two side dishes of your choice plus soup or salad.

**Recommended Sides:** kroketten and Sauerkraut.

### Curry Wurst

Two Thuringer bratwurst sliced and covered with Helga's own curry ketchup. Served with two side dishes of your choice.

**Recommended Side:** fries and Red cabbage.